

## HELPFUL HINTS

**DON'T** carry on loud conversations or use vulgar or obscene language on the street cars, streets, or in public places. Remember that this hurts us as a race.

**DON'T** go about the streets or on the street car in bungalow aprons, boudoir caps and house slippers. Wear regular street clothes when you go into the streets.

**TRY** to dress neatly at all times, but don't be a dude or wear flashy clothes. They are as undesirable and as harmful as unclean clothes.



*General Disorderly Appearance*

**DON'T** think you can hold your job unless you are on time, industrious, efficient and sober.

**DON'T** sit in front of your house or around Belle Isle or public places with your shoes off. Don't wear overalls on Sunday.

**DON'T** stay away from work every time someone gives a picnic or boat ride. Stay on your job. Others do.

**DON'T** spend all your money for pleasure. Save some of it for extra clothing and fuel for the winter and to take care of your family and yourself when sickness comes.

**DON'T** forget that cleanliness and fresh air are necessary to good health. Keep your windows open.

**DON'T** do your children's hair up into alleys, canals and knots if you don't want other children to make fun of them. Keep them clean.

**DON'T** keep your children out of school. See that they attend the nearest school to you.

**DON'T** fail to start a savings account with some good bank or building loan association.

**DON'T** throw refuse and tin cans in your back or front yards. Keep your surroundings as clean as possible. This makes for good health.



*Neatly Clothed and Orderly Appearance*

**DON'T** fool with patent medicines in case of sickness. Send for a good doctor. In case you have no money, go to some of the Board of Health clinics.

**DON'T** be rude and ugly to people on the streets. Be courteous and polite and thereby keep out of trouble.

**DON'T** fail to meet the teachers of your children. Keep in touch with them. Every hateful thing that your child says about the teacher is not true.

**DON'T** fail to become connected with some church as soon as you get in the city.

**DON'T** make lots of unnecessary noise going to and from baseball games. If the parks are taken away from you it will be partly your own fault.